

ABSTRACT OF THE DISCLOSURE

This invention provides an object selection method which can easily select objects by simple, one-dimensional operations by sequentially changing an object to be 5 selected in accordance with a given order or reference in response to a one-dimensional operation input from an operation input device, and an information processing apparatus that adopts the method. In an information processing apparatus for selecting an object set with an 10 arbitrary function on a display screen, and executing the function, objects set with arbitrary functions are determined from multimedia contents encoded by object-based coding, the determined objects are controlled to be set in turn as an object to be selected by a pointer 15 image by simple operation of a "next" or "back" button, and a process is executed by pressing an "OK" button.

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